

*Journey of Discovery Tours presents:*  
**Initiation: A Mystical Journey to Peru with  
J Brave & Xochitl Ashe | Oct. 8th – 17th, 2018**

Join us for a once-in-a-lifetime journey as we experience one of the most sacred places left in the entire world. This is your introduction into the teachings of the Andean people of the Sacred Valley of Peru, a place that beckons those who are ready for a spiritual awakening. It is said that a Journey to Peru has the potential to reinvigorate your intentions, and amplify your life's purpose. This custom, small group tour with workshops and ceremonies, will be a rite of passage for each person as they are guided through a series of ancient temples and Incan sites. A deep inner knowledge will awaken as you are surrounded by the soft beautiful energy of the Apus; spirits of the Andes Mountains. We will be exploring beautiful valleys, meandering rivers, and wondrous landscapes as we connect with the gentle hearts of the Peruvian people. This beautiful land is steeped in magic and mystery, and in Machu Picchu you can feel the presence of the ancient ones in the wind. Fifth generation medicine woman, Xochitl Ashe, and internationally touring musician and visionary, J Brave, will guide you on this spiritual adventure of Initiation.

**Day 1: Oct 8, 2018 Mon      ARRIVE LIMA**

Arrive in Lima, Peru. You will be met upon arrival by a Lima Tours agent and escorted to the Wyndham Ramada Costa del Sol hotel across the street for check-in. Dinner on your own.

[Link Wyndham Ramada Costa del Sol](#)

**Day 2: Oct 9 Tues.                      LIMA-CUSCO – SACRED VALLEY      B<L<D**

Enjoy breakfast at the hotel, check out and meet your tour representative in the hotel lobby. The group will be escorted from the hotel to the domestic airport terminal and assisted with check-in for the flight to Cusco.

Arrive in Cusco, capital of the Incan Empire located high in the Andes Mountains. Your local Peruvian guide will greet us and then board our private bus for a scenic drive to the Sacred Valley of the Incas. This will be a slow and relaxing day giving us time to acclimate to the higher altitude and adjust to our Andean Mountain surroundings. Your Peruvian guide will make a short stop at an overlook for a Welcoming Ceremony to introduce each person to the Apus / Spirits of the Andes and ask for a blessing for our journey. Check into your lovely hotel and enjoy lunch. This afternoon you will experience a Coca - Cacao ceremony with Xochitl. Welcome Dinner at the hotel.

[Link Taypikala Hotel Sacred Valley](#)

**Day 3: Oct 10 Wed.                      SACRED VALLEY / PISAC                      B<L<D**

After breakfast we will visit the impressive sacred site of Pisac, sprawled across a mountain ridge, high above the valley floor. Exploration of the site, which involves some hiking to get there, comes with fantastic views over the valley, from the meandering river, hundreds of meters below, to the tall bulk of mountains with white-tipped peaks.

After lunch you'll have an opportunity to shop and bargain with local vendors at the Pisac market where skilled artisans craft ceramics, textiles, and silver jewelry with Andean motifs, and where indigenous people from surrounding communities come to barter for goods in the local language, Quechua. Return to the hotel for dinner and a relaxing evening. Taypikala Hotel.

**Day 4: Oct 11. Thurs.                      SACRED VALLEY / OLLANTAYTAMBO      B<L<D**

This morning we will explore the quaint Incan town of Ollantaytambo (City of Dawn) with its ancient stone streets and original aqueducts. We will also visit the site's main altars and sacred temples dedicated to the power animals of the Andean world. After lunch, we'll return to the hotel for a group yoga class and afternoon workshop with J Brave and Xochitl. Enjoy dinner and then have the evening to relax and get a good night's rest. Taypikala Hotel

**Day 5: Oct. 12 Fri. SACRED VALLEY / MACHU PICCHU B<L<D**

Today we travel by train to visit the Crystal City in the Clouds, Machu Picchu. Board the train for a 1 1/2 hour beautiful scenic ride along the sacred Urubamba river to Machu Picchu. Upon arrival in Aguas Calientes, the bus will take us on the 25 minute ride up the mountain to the mystical site of Machu Picchu. After a delicious lunch at the Sanctuary Lodge, enter Machu Picchu to explore the main power spots and temples of the Sacred Crystal City. Visit the Main Square, Temple of the Three Windows, the Intiwatana / Hitching Post of the Sun, Sacred Sun Temple, the Pachamama Stone and Death Stone as Machu Picchu shares some of her secrets with us. After our mystical day at Machu Picchu, we will take the late afternoon train back to the Sacred Valley and enjoy dinner at our hotel. Enjoy your last evening in the Sacred Valley reflecting on the magical experiences you have had so far in this mystical sacred place. Taypikala Hotel

**Day 6: Oct. 13 Sat. SACRED VALLEY / NAUPA IGLESIA / CUSCO B<L<D**

After breakfast we check out of the hotel and begin our scenic drive to Cusco. We will visit a mysterious ancient site unique in all of Peru. A rock-cut temple containing a beautifully carved monolithic altar overlooking the valley and a rock-cut doorway, also carved from the living rock. This strange ruin is known to the locals as “Ñaupá Iglesia”, meaning the “Church of the Ancients”. The Naupas are inhabitants of the spirit world, or of worlds before our own, and can travel across the spaces by manifesting themselves around sunset or dawn at certain sacred locations. After leaving Naupa Iglesia we still stop for lunch and then continue our drive to Cusco and check into our hotel. Take time to rest and settle in before dinner. [Link Eco Inn Cusco](#)

**Day 7: Oct. 14 Sun CUSCO B<L**

Full day tour of the main Incan altars and sacred sites around Cusco. In the morning we connect with the Uma or water element at Tambo Machay to balance male and female and the mysterious site of Qenqo where the Puma awakens. We'll enjoy a picnic lunch in the surrounding countryside before visiting the huge ceremonial center of Sacsayhuaman, marked by the huge stone paw of the Puma. Experience the impressive Incan architecture of this ancient spiritual center constructed with mysteriously massive stones. Here we will have a special ceremony to connect with the powerful energy and honor each of the sacred places we have visited today. Afterward we travel back to Cusco to our hotel. This evening dinner is on your own so you can sample one of the local restaurants near the hotel. Eco Inn Cusco

**Day 8: Oct. 15 Mon CUSCO / PUMAMARCA B<L<D**

This morning will take you off the beaten track to a lovely area that few tourists know about, called Pumamarca. Originally built by Pachacuti the Inca who spread the empire beyond Peru to the rest of South America. Pumamarca was created to honor and show devotion to his wife Anahuarca. This site is a celebration of the divine feminine and Pachamama. There are many well maintained temples that sit high on a hill overlooking a beautiful valley surrounded by high mountain vistas. As few people visit this site you can take time to sit and listen to a roaring river below, watching the clouds roll by all the while gazing at the ruins. J Brave and Xochitl will share a closing ceremony with the group at this special place. After enjoying lunch we return to Cusco where the afternoon is free for you to explore the city on your own and do some shopping. This evening we will enjoy a Group Farewell Dinner and music show at a local restaurant. Eco Inn Cusco

**Day 9: Oct. 16 Tues CUSCO / LIMA B**

This morning you can sleep in or have more time to explore and do some final shopping in Cusco. Lunch is on your own before we transfer to the airport for our afternoon flight back to Lima where you connect with your international flight back to your home city. The personal transformation that has been initiated during your time in this sacred land will not stop once you arrive home. The powerful energy of the Apus and the Pachamama will always be with you, supporting and moving you to deeper levels of your own inner wisdom. You now have an invisible thread the Peruvians call “seque” which you can call upon and forever connects you with these sacred sites. Perhaps one day you shall return and be reunited to the place of your Initiation.

**Day 10 Oct. 17 Wed. Welcome Home! - End of tour Services**

## **Tour Cost: \$2,999.00 per person**

Based on a minimum group of 15 paying clients

Single Supplement additional cost if you prefer a private room: \$615.00

### **Price Includes:**

- ✓ Domestic flights Lima-Cusco / Cusco-Lima
- ✓ Transfers arrival / departure airports to hotels
- ✓ Tour escorted on private basis with English-speaking Peruvian guide
- ✓ All land transportation in private bus with driver
- ✓ accommodations in double rooms at suggested hotels
- ✓ Meals as indicated in the itinerary
- ✓ 1-day bus tickets and entrance tickets to Machu Picchu
- ✓ Train tickets Ollanta Station /Agua Calientes and return via Expedition train service
- ✓ Excursions and site entrance fees as detailed in the program
- ✓ Private meeting room for group workshop time and ceremony

### **Not included:**

- ✓ International airfare to Lima, Peru
- ✓ Airport taxes if applicable
- ✓ Personal expenses such as laundry, beverages, phone call, internet access.
- ✓ Meals not listed in the itinerary
- ✓ Services not specifically mentioned in the program.
- ✓ Gratuity for guides and drivers
- ✓ Trip cancellation / emergency medical travel insurance

**To Register Contact:**  
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