

Journeys of Discovery Travel Presents

Mystical Peru Tour and Workshop with Thomas John

Oct. 12 – 22, 2017

Peru is a place that calls to the heart of those who are ready for a spiritual awakening. It is said that a Journey to Peru is a journey to find yourself. This custom, small group tour and workshop will focus on the inner power within each person. In this mystical land deep inner knowledge awakens as you are surrounded by the soft beautiful energy of the Apus, spirits of the Andes mountains, valleys, rivers, ancient energetic sites, and the gentle hearts of the Peruvian people. This beautiful land is steeped in magic and mystery, and in Machu Picchu you can hear the voices of the ancient ones in the wind.

Day 1: Thu 12 Oct LIMA

Arrive in Lima, Peru. You will be met upon arrival by a Lima Tours agent and escorted to the Ramada Costa del Sol hotel for check-in. No meals included but you can enjoy dinner at the hotel restaurant.

Day 2: Fri 13 Oct LIMA-CUSCO - URUBAMBA Breakfast included at hotel.

Check out and meet your tour representative in the hotel lobby. The group will be escorted from the hotel to the domestic airport terminal and assisted with check-in for the flight to Cusco.

Arrive in Cuzco, capital of the Incan Empire located high in the Andes Mountains. Your local Peruvian guide will greet us and then board our private bus for a scenic drive to the Sacred Valley of the Incas. This will be a slow and relaxing day giving us time to acclimate to the higher altitude and adjust to our Andean Mountain surroundings. Your Peruvian guide will make a short stop at an overlook for a Welcoming Ceremony to introduce each person to the Apus / Spirits of the Andes and ask for a blessing for our journey.

Afterward we will visit Ccochahuasi Animal Sanctuary on the way to Sacred Valley which is one of the only places in the world you will be able to have a one-on-one encounter with an Andean Condor; the Sacred Bird of Peru. Lunch at Muña restaurant. Welcome Dinner at hotel. Overnight at *SAN AGUSTIN HOTEL* or similar

Day 3: Sat 14 Oct SACRED VALLY, URUBAMBA B<L<D

Today enjoy a full day workshop with Thomas John from 9 – 4 pm.

Overnight *SAN AGUSTIN HOTEL* or similar

Day 4: Sun 15 Oct SACRED VALLEY, URUBAMBA B<L<D

We will depart early to visit the original Incan town of Ollantaytambo (City of Dawn) before the tourist crowds arrive. You will marvel at the ancient stone streets and original aqueducts. Our guide will find a quiet spot where Thomas will lead a group meditation before we explore the main altars and temples dedicated to the power animals of the Andean world, the llama, Puma and Condor. Enjoy Lunch at Posada del Inca hotel.

After lunch we travel to the town of Pisak and have time to shop for Andean treasures at the local Artisan market before returning to the hotel. Overnight *SAN AGUSTIN HOTEL* or similar

Day 5: Mon 16 Oct. URUBAMBA – MACHU PICCHU B<L<D

Early morning we board the train for a 1-1/2 hour scenic ride along the sacred Urumbamba River to Machu Picchu. Upon arrival in Aguas Calientes we check into our hotel and then begin the journey by bus up the mountain to the Lost City in the Clouds, Machu Picchu.

After a delicious lunch at the Sanctuary Lodge, enter Machu Picchu to explore the main power spots and temples of the Sacred Crystal City. Visit the Main Square, Temple of the Three Windows, the Intiwatana / Hitching Post of the Sun, Sacred Sun Temple, the Pachamama Stone and Death Stone as Machu Picchu shares some of her secrets with us. Overnight *CASA ANDINA* or similar

Day 6: Tues 17 Oct MACHU PICCHU B<D

Free day / bus ticket and entrance ticket to Machu Picchu included today. For those early risers you may take the bus up to Machu Picchu for a sunrise ceremony with your guide before other tourists arrive. Begin the day by offering your blessings to the spirit of Pachamama. You may spend the day at leisure on your own exploring Machu Picchu; do an optional hike to the Sun Gate, Huayna Picchu or Temple of the Moon. You may also want to explore the many shops in Aguas Calientes, have a massage, or visit the hot springs. Dinner and overnight at *CASA ANDINA* or similar

Day 7: Wed 18 Oct MACHU PICCHU – CUSCO B<D

This morning you can sleep in and rest after 2 powerful days at Machu Picchu . Free time this morning in Aguas Calientes for some shopping, take a hike and have lunch before you board the Expedition train back to Cuzco. Dinner and overnight at *ECO INN CUSCO* or similar

Day 8: Thursday 19 Oct CUSCO B<L<D

Today enjoy a full day workshop with Thomas John from 9 – 4 pm.

Overnight at *ECO INN CUSCO* or similar

Day 9: Friday 20 Oct CUSCO B<L<D

This morning we travel to the outskirts of Cuzco and visit the sacred sites of Kenko carved with depictions of entities, Tambomachay representing the sacred water element and the huge ceremonial center of Sacsayhuaman, marked by the huge stone paw of the Puma. We'll enjoy a picnic lunch and then return to Sacsayhuaman for a Despacho Ceremony with a local Shaman at the sacred site. Afterward you will have time to explore the site on your own and connect with the powerful energy of these huge sacred stones.

Overnight at *ECO INN CUSCO* or similar

Day 10: Sat 21 Oct CUSCO B<D

Today is a free day for you to explore the capital of the Incan empire, Cusco on your own. Our hotel is near the Plaza de Armas, the main square and within walking distance of beautiful Cathedrals. Opt for a tour with a private guide and immerse yourself in the grand colonial majesty of Cusco. Wander winding Incan streets to discover the ancient Temple of the Sun, the sacred Convent of Santa Domingo and the colossal and impressive Cusco Cathedral. Gain insight into the fascinating history of the city with an interesting and informative guide as you explore one of Peru's most treasured places on a walking tour. Shopping at local boutiques is always fun.

Closing workshop with Thomas at the hotel from 5 – 7 pm.

Afterward enjoy a Farewell Dinner and dance show at Tunupa restaurant on the main square.
Overnight at **ECO INN CUSCO** or similar

Day 11: Sun 22 Oct CUSCO B

After breakfast enjoy your free morning for last minute shopping or to rest and relax. Lunch on your own before you transfer to Cusco airport for the flight back to Lima. Connect with your evening international flight to your home city. **OPTIONAL:** If you have several hours before your international flight, use of the Business Club-VIP Room at the airport is available for USD \$65.00 (3 hours) Rate subject to change.

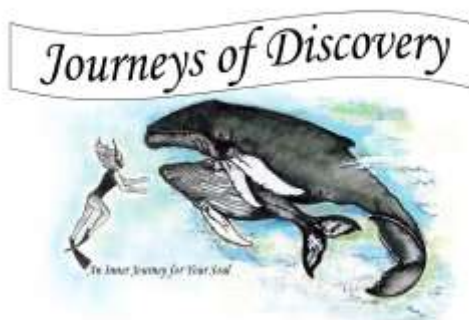
Tour Cost PP: \$3,475.00 / based on minimum group of 12 guests in double room
Private room Single Supplement: \$540.00

Price Includes:

- Domestic flights Lima-Cuzco / Cuzco-Lima
- Group Transfers arrival / departure airports to hotels
- Tour escorted on private basis with English-speaking Peruvian guide
- All land transportation in private bus
- 10 nights accommodations in double rooms at suggested hotels
- 10 breakfasts / 6 lunches / 9 dinners
- 2-days bus tickets and entrance tickets to Machu Picchu / 1 day ticket to climb Huayna Picchu
- Train tickets Ollantaytambo / Aguas Calientes /Cusco via Expedition train service
- Excursions and site entrance fees as detailed in the program
- Special ceremony with local shaman
- Private group workshop time with Thomas John

Not included:

- International airfare to Lima, Peru.
- Airport taxes if applicable
- Personal expenses such as laundry, beverages, drinks, phone calls
- Services not specifically mentioned in the program.
- Tips for guides and drivers
- Trip cancellation / emergency medical travel insurance
- Optional pass for VIP Lounge at Lima airport



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